

# ASK BETTER QUESTIONS

Learn how to ask powerful questions that automatically unlock your player's physiology and neurology.

# **ATHLETIC COACHES**

Understand the underpinning of your players mindset and how they sort information.

# MIND BODY CONNECTION

Help player's elevate their game by tapping into their mind/body connection and using it on demand - every time.

#### MENTAL HEALTH

Understand the origins of anxiety, depression, ADD/ADHD, addictions, behavioral challenges and how they effect your players.

#### UNDERSTAND TRAUMA

Learn about the undeniable connection between language, complex trauma and its myriad of symptoms.

**Athletic Coaches:** Come learn the direct messages and subtle clues that are often hidden inside our words...and how kids unconsciously embody them. Learn how to naturally decode language, how to invite self-discovery, how to deliver an impactful message and how to evoke deep awareness. Learn how to unlock your player's potential and take their game to the next level.

Change your questions → change your player's future.

#### LEARNING OBJECTIVES

- + Learn the structure of language to help kids sustainably shift their perspective.
- + Learn how to identify and interrupt patterns that keep your players stuck.
- + Understand how behaviors are made & how emotions are generated.
- + Become fluent deciphering the meaning behind words and their buried connection.

#### After this, you will be able to

- Identify the unspoken parts of communication,
- Breakthrough even the toughest mindsets, and
- Influence like never before.

## How we can help?

## Coaching | Speaking | Training

Unconventional Approaches to Mental Health & Wellness | Practitioner Development Biopsychosocial Approach | Communication Strategies | One on One Coaching

### Our Philosophy: You're the expert in your field.

WHAT you are coaching and your knowledge in that field is your expertise, yet HOW player's learn it and how they experience you - is our expertise.

We specialize in Athletic Coaches.

All of our programs are bespoke and built to suit.

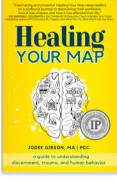
### **Company Snapshot**

Jodee is an award-winning author **Healing Your Map | 2023 IPPY Silver Medalist** in psychology & Mental Health

Nationally Recognized as 2023 Female Voice Award













#### Trusted By







## Jodee's Differentiators

#### **Biopsychosocial Approach**

PhD in Psychology & Human Development • *student*Master of Arts • Organizational Leadership
Professional Certified Coach • PCC | ICF
Compassionate Inquiry Practitioner



### Connect today.

Jodee Gibson, MA, PCC | Founder and Master Coach +1 248-506-6604 or jodee@jodeegibson.com www.HumanBehaviorArchitects.com